## E5 Leader



## SACRIFICE

- Sacrifice is something that you choose to do for the benefit of someone else, for the good of a cause or a need.
- Though frowned upon in our culture, sacrifice should be embraced because it brings about humility.
- Sacrifice is one of the methods by which we can find humility.
- There are sacrifices for growth, for improvement, for kindness and service to others, and those we make for love.

- Sacrifices can be made or forced.
  Those forced are burdened with pain that is usually intense and immense.
- Change your culture of thought about sacrifice, to be looked at as part of a process that you make as an offering of friendship, love or submission.
- Practice sacrifice. Embrace it. It is part of life and of the process to growth and development.