



## PRAYER

- Prayer is a communication made between the human being and a superior power, GOD.
- Human beings send prayers to an allknowing, all-loving God in hope and faith that he'll answer those prayers.
- Think about: "Does God hear and listen to my prayers?"
- How do you pray? Standardized prayers, like 'Our Father' or free, unstructured prayer

- If prayer hasn't been natural for you, give it a try. Open your mouth and let words pour out; address God and ask Him to be in your life.
- Never, ever be afraid to praise Him or ask Him through your petitions.
- Take arrows off yourself, point them outward by praying for others daily.
- Prayers of reconciliation, petition, thanksgiving, praise and glory allow you to free your soul and your mind.