



## WHAT DOES IT MEAN TO LET GO AND LET GOD

- Adopting that phrase allows you to be free of having to have the final say in areas of life.
- It helps you to realize there are somethings that are out of your control, so you leave them to God.

- Another phrase to adopt is 'love them where they're at'.
- 'Letting go and letting God' allows for the process of others' growth, development and achievements while you love and appreciate them in their current stage.